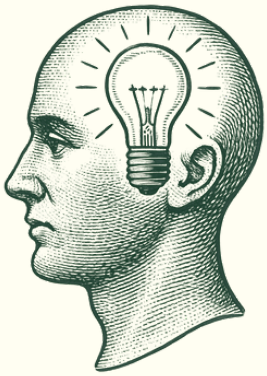
Mind To Money Steps







Lesson 3

Goal-To-Cash

Let's get started on your goals today! Print and complete the form, then place it somewhere you'll see it daily as a reminder and motivator.



Goal-To-Cash

This Action Sheet is designed to help you apply the 7 mindset shifts from Lesson 3: 'The Mindset Shift That Turns Goals Into Cash.' Fill it out completely, then place it somewhere visible — your fridge, nightstand, or desk — to keep your new money mindset top of mind every day.

Step 1: Clarity Creates Currency

Due Date

Write your specific money goal. How much, by when, and through what method?

Step 2: Think in Value, Not Time

Due Date

List 3 ways you can create more value instead of just trading hours for dollars:

Step 3: Act Before You're Ready

Due Date

What action can you take today — even if it feels imperfect?

Step 4: Replace Motivation with Discipline

Due Date

Write down 3 daily habits or systems you'll commit to, no matter how you feel:

Step 5: See Money as a Tool, Not a Trophy

Due Date

List 3 ways you'll use money to grow or create more opportunities instead of just spending it:

Step 6: Fail Forward, Learn Faster

Due Date

What's one failure or mistake you've had, and what lesson can you take from it?

Step 7: Focus on the 20% That Pays

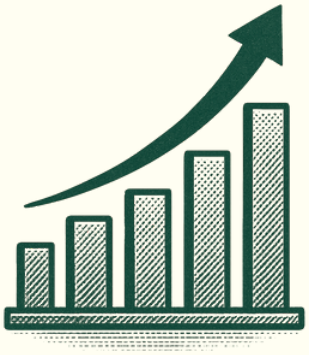
Due Date

Write down the 3 most important actions that directly move you closer to cash:

Remember

Review this worksheet daily to reinforce your new mindset. Rewatch Lesson 3 whenever you feel stuck or unmotivated. Success begins with thought, but it's built through consistent action.







We believe in you, keep going!

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