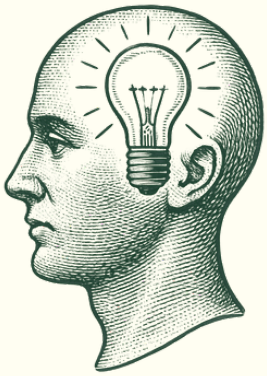
Mind To Money Steps







Lesson 1

From Idea To Income

Let's get started on your goals today! Watch the video lesson (link below). Print and complete the form, then place it somewhere you'll see it daily as a reminder and motivator.

Watch The Video For Lesson 1 ⇒



From Idea To Income

This Action Sheet will guide you through the 7 steps from Lesson 1: "From Idea to Income." Fill it out completely, then place it somewhere you'll see every day — your fridge, nightstand, or bathroom mirror — to keep your goals top of mind.

Step 1: Clarify the Idea

Due Date

Write your idea in one sentence, as if explaining it to a stranger in under 15 seconds:

Step 2: Test Demand Fast

Due Date

List 3 ways you'll validate this idea in the next 7 days (e.g., talk to people, post online, run a small ad):

Step 3: Start Small, Think Big

Due Date

What is the smallest version of your idea (MVP) you can launch quickly?

Step 4: Build a Results Loop

Due Date

How will you deliver a quick win or result for your first customer?

Step 5: Create a Simple Offer

Due Date

Write your offer clearly: Problem you solve + Result they get + Price:

Step 6: Sell Before You're Ready

Due Date

What's your first step to start selling right now?

Step 7: Repeat & Scale

Due Date

Once you have results, how will you repeat what works and scale?

Once completed, place this sheet somewhere visible and review it daily. Save and rewatch Lesson 1 to stay motivated and on track

Remember

This isn't just a piece of paper... it's your daily reminder of what you're building, what you're accomplishing and why it matters.







We believe in you, keep going!

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